



St Paul's
CATHOLIC SCHOOL

Sacrament of Reconciliation

Lent Reconciliation

Welcome to all who have come to be reconciled with God, and to celebrate this reconciliation. Lent is a season of 'returning to God'. We are coming back to a place where we belong – to the heart of God. We are returning to a person who wants us back, Jesus our friend. And we are drawn together in the Spirit of them both, God's Spirit of forgiveness. The Church asks us to celebrate the Sacrament of Reconciliation during Lent.

Praying From Home

What to do when you can't get to confession

Pope Francis said :

- “Return to your father who is waiting for you. The God of tenderness will heal us; he will heal us of the many, many wounds of life and the many ugly things we have done. Each of us has our own!”
- God welcomes every repentant sinner with open arms. It’s like going home.” Lent is a special time to let God wash us, purify us, to let God embrace us and the best place for that is the confessional.
- But many people today would tell me, ‘Father, where can I find a priest, a confessor, because I can’t leave the house? And I want to make peace with the Lord, I want him to embrace me, I want the Father’s embrace.’”.

Do what the Catholic Church says

It is very clear: If you cannot find a priest to confess to, speak directly with God, your father, and tell him the truth. Say, 'Lord, I did **this** (whatever you need forgiveness for), **Forgive me,**' and ask for pardon with all your heart." Make an act of contrition and promise God, "I will go to confession afterward, but forgive me now.'

Acts of Contrition

- O my God, because you are so good, I am very sorry that I have sinned against you, and with the help of your grace, I will try not to sin again. **Amen.**
- I love thee, Jesus, my Love, above all things. I repent with my whole heart for having offended thee. Never permit me to separate myself from thee again. **Amen**



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Pray Together

Hail Mary

Hail Mary full of Grace, the Lord is with thee.

Blessed are thou amongst women and blessed is the fruit of thy womb Jesus.

Holy Mary Mother of God,

pray for us sinners now and at the hour of our death **Amen.**

Pray Together

The Our Father

Our Father, Who art in Heaven, hallowed be Thy name; Thy Kingdom come, Thy will be done on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.
Amen.

Closing Prayer

For our Doctors & Nurses

O merciful Father, who wonderfully fashioned man in your own image, and have made his body to be a temple of the Holy Spirit, sanctify, we pray you, our doctors and nurses and all those whom you have called to study and practice the arts of healing the sick and the prevention of disease and pain. Strengthen them in body and soul, and bless their work, that they may give comfort to those for whose salvation your Son became Man, lived on this earth, healed the sick, and suffered and died on the Cross. **Amen.**