

St. Paul's Catholic School - School Meals Provision 11 Nov - Dec 2024

WEEK ONE w/c 4th Nov w/c 25th Nov w/c 16th Dec	Monday	Allergens	Tuesday	Allergens	Wednesday	Allergens	Thursday	Allergens	Friday	Allergens
MAIN	Beef Chilli served with Rice	Allergen Free	Jumbo Pork Hotdog served with Potato Cubes and Vegetables	CG SE(MC) SO SU CE(MC) MI(MC)	Cheese Burger served with Potato Wedges	CE CG SO SU MI CE(MC) MI(MC) SU(MC) CG SE(MC) _ _ _ _ _	Classic Chicken Nuggets served with Herb Diced Potatoes and Vegetables	CG SO	Battered Fish Fillet served with Chips and Peas	CG FI SO _ _ _ _ _
VEGETARIAN OPTION	Vegetable Chilli served with Rice	EG	Vegan sausage Hotdog served with Potato cubes and Vegetables	CG SE (MC) SO SU CE(MC) MI(MC)	Veg Burger served with Potato Wedges	CG MI _ CE(MC) MI(MC) SU(MC) CG SE(MC) _ _ _ _ _	Vegan Nuggets served with Herb diced Potatoes and Vegetables	CG SO	St Paul's Cheese and Tomato Pizza served with Chips	CG MI SO _ _ _ _ _
DAILY SPECIAL	Vegetable Chow Mein Wok Fried Noodles	CG EG SO	Chicken Black Bean Wok Fried Noodles	CG EG SO	Vegetable Sweet Chilli Wok Fried Noodles	CG EG SO	Chicken Chow Mein Wok Fried Noodles	CG EG SO	TBC	
PASTA	Pasta of the day & Sauce	CG	Pasta of the day & Sauce	CG	Pasta of the day & Sauce	CG	Pasta of the day & Sauce	CG	Pasta of the day & Sauce	CG
DESSERT	Dessert of the day	CG EG MI	Scrummy School Cake	CG MI EG	Fruit Crumble served with Custard	CG MI EG	Sponge Cake served with pouring Cream	CG MI EG	Chocolate Heaven Muffin	CG MI EG
WEEK TWO w/c 11th Nov w/c 2nd Dec	Monday	Allergens	Tuesday	Allergens	Wednesday	Allergens	Thursday	Allergens	Friday	Allergens
MAIN	BBQ Seasoned Chicken Wings served with Spicy Rice	Allergen Free	Beef Chilli Nachos served with Sour Cream and Cheese	_ _ _ _ _ MI EG MU SO(MC) _ _ _	Chicken Burger served with Coleslaw and Potato Wedges	CG EG SO MI MU	Chicken Tikka Curry with Rice and Naan	_ _ CG MI _ _ _ _ _	Battered Fish Fillet served with Chips	CG FI SO _ _ _ _ _
VEGETARIAN OPTION	BBQ Seasoned Quorn Chunks served with Spicy Rice	EG	Veg Chilli Nachos served with Sour Cream and Cheese	CG EG _ _ _ MI MU SO(MC) _ _ _ _	Veg Burger served with Coleslaw and Potato Wedges	CG EG SO MI MU	Vegetable Tikka Curry with Rice and Nann	_ _ CG MI _ _ _ _ _	St Paul's Cheese and Tomato Pizza served with Chips	CG MI SO _ _ _ _ _
DAILY SPECIAL	Black bean Vegetable Wok Fried Noodles	CG EG SO	Sweet Chilli Chicken Wok Fried Noodles	CG EG SO	Vegetable Chow Mein Wok Fried Noodles	CG EG SO	Singapore Style Wok Fried Vegetable Noodles	CG EG SO	TBC	
PASTA	Pasta of the day & Sauce	CG	Pasta of the day & Sauce	CG	Pasta of the day & Sauce	CG	Pasta of the day & Sauce	CG	Pasta of the day & Sauce	CG
DESSERT	Dessert of the day	CG MI EG	Jam and Coconut Sponge	CG MI EG	Fruit Crumble served with Custard	CG MI EG	Pineapple Sponge served with Cream	CG MI EG	Sponge Cake	CG MI EG
WEEK THREE w/c 18th Nov w/c 9th Dec	Monday	Allergens	Tuesday	Allergens	Wednesday	Allergens	Thursday	Allergens	Friday	Allergens
MAIN	Cajun Seasoned Chicken Wings served with Spicy Rice	Allergen Free	Chicken Korma with Rice and Naan	_ _ CG MI MI _ _ _ _ _	Classic Chicken Nuggets served with Potato Wedges and Vegetables	CG SO	Cheese Burger served with Potato Cubes	CE CG SO SU MI CE(MC) MI(MC) SU(MC) CG SE(MC) _ _ _ _ _	Battered Fish Fillet served with Chips	CG FI SO _ _ _ _ _
VEGETARIAN OPTION	Cajun Seasoned Quorn Chunks served with Spicy Rice	EG	Vegetable Korma with Rice and Naan	_ _ CG MI MI _ _ _ _ _	Vegan Nuggets served with Potato Wedges and Vegetables	CG SO	Veg Burger served with Potato Cubes	CG MI _ CE(MC) MI(MC) SU(MC) CG SE(MC) _ _ _ _ _	St Paul's Cheese and Tomato Pizza served with Chips	CG MI SO _ _ _ _ _
DAILY SPECIAL	Vegetable Chow Mein Wok Fried Noodles	CG EG SO	Chicken Black Bean Wok Fried Noodles	CG EG SO	Vegetable Chow Mein Wok Fried Noodles	CG EG SO	Singapore Style Wok Fried Vegetable Noodles	CG EG SO	TBC	
PASTA	Pasta of the day & Sauce	CG	Pasta of the day & Sauce	CG	Pasta of the day & Sauce	CG	Pasta of the day & Sauce	CG	Pasta of the day & Sauce	CG
DESSERT	Dessert of the day	CG MI EG	Ginger Sponge served with Cream	CG MI EG	Fruit Crumble served with Custard	CG MI EG	Ice-Cream served with sprinkles and sauce	CG MI EG	Sponge Cake	CG MI EG

Please Note:

1. A Jacket Potato with beans is available daily which contains no allergens unless cheese is added which contains Milk.
2. Salad Pots will be available daily whenever possible.
3. Fresh fruit/Fruit Pots are available daily as an alternative to the dessert offered.
4. To ensure quality of the dishes it may be necessary to occasionally offer suitable alternative products to those shown on this menu.
5. Although our menus are nut free we cannot guarantee against airborne traces.
6. Vegetables or salad are served with every meal.
7. Bread is available each day to complement the meal unless it is already a feature of the main meal