

St. Paul's Catholic School - School Meals Provision September - October 2026

WEEK ONE w/c 31st August w/c 21st September w/c 12th October	Monday	Allergens	Tuesday	Allergens	Wednesday	Allergens	Thursday	Allergens	Friday	Allergens
MAIN	Sweet chilli coated chicken wings served with rice	Allergen free	Cantonese stir-fried chicken and vegetables served with steamed rice	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Sesame seeds Soybeans Sulphur dioxide	Chicken burger in a bun served with potato cubes and coleslaw	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Sesame seeds Soybeans Sulphur dioxide	Chilli beef nachos with cheese and salad	MI	Battered fish fillet served with chips and peas	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Sesame seeds Soybeans Sulphur dioxide
VEGETARIAN OPTION	Quorn with sweet chilli and rice	SO EG	Cantonese stir-fried vegetables served with steamed rice	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Sesame seeds Soybeans Sulphur dioxide	Vegan burger served in a bun with potato cubes and coleslaw	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Sesame seeds Soybeans Sulphur dioxide	Quorn nachos served with salad and cheese	MI	St Paul's cheese and tomato pizza served with chips	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Sesame seeds Soybeans Sulphur dioxide
DAILY SPECIAL	Vegetable chow mein wok fried noodles	CG SO	Chicken black bean wok fried noodles	CG SO	Vegetable sweet chilli wok fried noodles	CG SO	Chicken chow mein wok fried noodles	CG SO	TBC	
PASTA	Pasta of the day and sauce	CG MI	Pasta of the day and sauce	CG MI	Pasta of the day and sauce	CG MI	Pasta of the day and sauce	CG MI	Pasta of the day and sauce	CG MI
DESSERT	Dessert of the day	Check with server	Scrummy school cake	CG EG MI SO(MC)	Fruit crumble served with custard	CG EG MI SO(MC)	Sponge cake served with pouring cream	CG EG MI SO(MC)	Chocolate heaven muffin	CG EG MI SO(MC)
WEEK TWO w/c 7th September w/c 28th September w/c 19th October	Monday	Allergens	Tuesday	Allergens	Wednesday	Allergens	Thursday	Allergens	Friday	Allergens
MAIN	Jerk seasoned chicken wings served with rice and corn	Allergen free	Roast chicken dinner with yorkshire pudding	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Sesame seeds Soybeans Sulphur dioxide	Jumbo halal sausage hot dog served with potato wedges and coleslaw	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Sesame seeds Soybeans Sulphur dioxide	Build your own chicken fajita served with rice and salad	CG	Battered fish fillet served with chips and peas	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Sesame seeds Soybeans Sulphur dioxide
VEGETARIAN OPTION	Jerk seasoned vegetables served with rice and corn	Allergen free	Roast quorn dinner with yorkshire pudding	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Sesame seeds Soybeans Sulphur dioxide	Vegan hot dog served with potato wedges and coleslaw	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Sesame seeds Soybeans Sulphur dioxide	Build your own quorn fajita served with rice and salad	CG	St Paul's cheese and tomato pizza served with chips	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Sesame seeds Soybeans Sulphur dioxide
DAILY SPECIAL	Black bean vegetable wok fried noodles	CG SO	Sweet chilli chicken wok fried noodles	CG SO	Vegetable chow mein wok fried noodles	CG SO	Singapore style wok fried vegetable noodles	CG SO	TBC	
PASTA	Pasta of the day and sauce	CG MI	Pasta of the day and sauce	CG MI	Pasta of the day and sauce	CG MI	Pasta of the day and sauce	CG MI	Pasta of the day and sauce	CG MI
DESSERT	Dessert of the day	Check with server	Dessert of the day	Check with server	Dessert of the day	Check with server	Dessert of the day	Check with server	Sponge Cake	CG EG MI SO(MC)
WEEK THREE w/c 14th September w/c 5th October	Monday	Allergens	Tuesday	Allergens	Wednesday	Allergens	cream	Allergens	Friday	Allergens
MAIN	BBQ seasoned chicken wings served with rice	SU(MC)	Build your own beef burrito served with rice, salad and cheese	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Sesame seeds Soybeans Sulphur dioxide	Chicken nuggets served with potato cubes and coleslaw	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Sesame seeds Soybeans Sulphur dioxide	Chicken kebab served with pitta and rice	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Sesame seeds Soybeans Sulphur dioxide	Battered fish fillet served with chips and peas	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Sesame seeds Soybeans Sulphur dioxide
VEGETARIAN OPTION	BBQ seasoned vegetables served with rice	SU(MC)	Build your own vegetable burrito served with rice, salad and cheese	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Sesame seeds Soybeans Sulphur dioxide	Vegan nuggets served with potato cubes and coleslaw	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Sesame seeds Soybeans Sulphur dioxide	Vegetable kebab served with pitta and rice	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Sesame seeds Soybeans Sulphur dioxide	St Paul's cheese and tomato pizza served with chips	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Sesame seeds Soybeans Sulphur dioxide
DAILY SPECIAL	Vegetable chow mein wok fried noodles	CG SO	Chicken black bean wok fried noodles	CG SO	Vegetable chow mein wok fried noodles	CG SO	Singapore style wok fried vegetable noodles	CG SO	TBC	
PASTA	Pasta of the day and sauce	CG MI	Pasta of the day and sauce	CG MI	Pasta of the day and sauce	CG MI	Pasta of the day and sauce	CG MI	Pasta of the day and sauce	CG MI

DESSERT	Dessert of the day	Check with server	Dessert of the day	Check with server	Dessert of the day	Check with server	Dessert of the day	Check with server	Sponge cake	CG EG MI SO(MC)

- Please Note:**
- 1. A Jacket Potato with beans is available daily which contains no allergens unless cheese is added which contains Milk.
 - 2. Salad Pots will be available daily whenever possible.
 - 3. Fresh fruit/Fruit Pots are available daily as an alternative to the dessert offered.
 - 4. To ensure quality of the dishes it may be necessary to occasionally offer suitable alternative products to those shown on this menu.
 - 5. Although our menus are nut free we cannot guarantee against airborne traces.
 - 6. Vegetables or salad are served with every meal .
 - 7. Bread is available each day to complement the meal unless it is already a feature of the main meal