

A guide: How to approach Year 10 PPE's March 2026

Spaced practice



Little and often; three hours of straight study is less effective than six spaced out 30 minute study sessions. Set aside a bit of time (30 minutes) every day for studying. Study even though your exams are months away. Plan your study time: *When? What? How?* Give yourself breaks. You can still study right up to the exam.

Interleaving



Prioritise the topics you find more challenging. Mix up the topics you study so that you make links between them. Alternate between different subjects and make the links between them too. Remember that if something is difficult this is good; it means you are thinking more. Thinking more helps you to remember more.

Retrieval practice



Work from memory first. The act of trying to remember something strengthens your learning. You will forget things overtime and practicing recalling information is difficult, but, difficult is good. Use resources after you have tried to study from memory to help fill in the gaps. Working from memory is like an exam.

Students at St Paul's should use revision to:

- ✓ Build lasting good habits
- ✓ Focus on core content + exam skills
- ✓ Build confidence in how to approach exams
- ✓ Allow them to take a step closer to their goals

Revision should be:

- ✓ Structured. Manageable
- ✓ Consistent. Timetabled. Regular
- ✓ Active

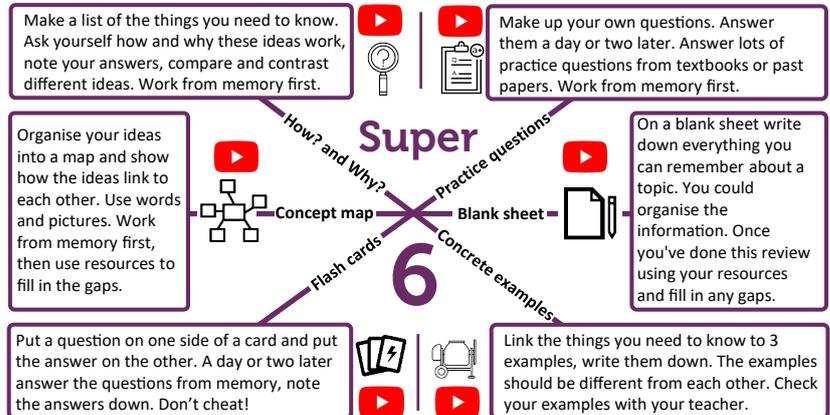
The process (6 weeks before the PPE's)

1 Foundation

- Review core topics already taught
- Identify gaps using blank page method
- Introduce revision techniques (flashcards, blurring, mind maps)

2 Development

- Development of use of revision techniques



- Subject-specific revision lessons
- Exam-style practice questions
- Use of mark schemes for guidance

3 Imbedding

- Testing knowledge that has been revised
- Timed practice questions (full or partial example questions)
- Focus on common misconceptions and correct these

4 Week of the exams

- Consolidation of learning
- Reduction of key ideas to review
- Exam technique reminders (command word, timing)



Rights and Responsibilities - you have a right to education, and a responsibility to make the most of it.

The Common Good - your learning can help others in the future.

Human dignity - help yourself grow into the person God created you to be.