



St Paul's

St. Paul's Catholic School - School Meals Provision September-October 2025

WEEK ONE w/c 1st September w/c 22nd September w/c 13th October	Monday	Allergens	Tuesday	Allergens	Wednesday	Allergens	Thursday	Allergens	Friday	Allergens
MAIN	Beef chilli served with rice	___ MI(MC) MU(MC) SO(MC) ___	Jumbo pork hotdog served with potato cubes and vegetables	___ CG SE(MC) MI CG(MC) EG(MC) SO(MC) _ CG CG EG MI ___	Beef cottage pie with vegetables and gravy	___ CG MI CG(MC) EG(MC) SO(MC) CE(MC) ___	Chicken tikka curry with rice and naan	___ CG MI MI ___	Battered fish fillet served with chips and peas	CG FI SO _ _
VEGETARIAN OPTION	Vegetable chilli served with rice	CG EG ___ MI(MC) MU(MC) SO(MC) ___	Vegan sausage hotdog served with potato cubes and vegetables	___ CG SE(MC) MI CG(MC) EG(MC) SO(MC) _ CG CG EG MI ___	Vegetable cottage pie with gravy	___ CG MI CG(MC) EG(MC) SO(MC) CE(MC) ___	Vegetable tikka curry with rice and naan	___ CG MI MI ___	St Paul's cheese and tomato pizza served with chips	CG SO MI _ _ _ _ _
DAILY SPECIAL	Vegetable chow mein wok fried noodles	CG EG SO CG SO CG SE SO _ _ _ _	Chicken black bean wok fried noodles	CG EG CG SO SO _ _ _ _ _	Vegetable sweet chilli wok fried noodles	CG EG SO CG SO _ _ _ _ _	Chicken chow mein wok fried noodles	CG EG _ SO CG SO CG SE SO _ _ _ _	TBC	
PASTA	Pasta of the day and sauce	CG _ _ CG MI _ _ _ _	Pasta of the day and sauce	CG _ _ CG MI _ _ _ _	Pasta of the day and sauce	CG _ _ CG MI _ _ _ _	Pasta of the day and sauce	CG _ _ CG MI _ _ _ _	Pasta of the day and sauce	CG _ _ CG MI _ _ _ _
DESSERT	Dessert of the day		Scrummy school cake	CG EG MI SO _ _ _ _ _ _	Fruit crumble served with custard	CG EG(MC) MI(MC) SO(MC) _ 0 MI _ _ _ _ _	Sponge cake served with pouring cream	CG EG MI SO MI _ _ _ _ _ _	Chocolate Heaven Muffin	CG EG MI SE NU(MC) SE(MC) SO(MC) SU(MC) _ _ _ _ _
WEEK TWO w/c 8th September w/c 29th September w/c 20th October	Monday	Allergens	Tuesday	Allergens	Wednesday	Allergens	Thursday	Allergens	Friday	Allergens
MAIN	Mild beef chilli nachos served with cheese	_ MI (MC) MU(MC) SO(MC) _ _ _ _ CE(MC) MI _ _	Cajun seasoned chicken wings served with spicy rice	_ _ _ _ _	Cheeseburger served with tater bites	CE CG SO SU MI _ 0 CG SE(MC) _ _ _ _ _	Chicken dippers served with rosti potato bites	CG SO CG(MC) EG(MC) MI(MC) _ _ _ _ _ _	Battered fish fillet served with chips and peas	CG FI SO _ _ _
VEGETARIAN OPTION	Mild vegetarian chilli nachos served with cheese	CG EG MI (MC) MU(MC) SO(MC) _ _ _ _ CE(MC) MI _ _	Cajun seasoned Quorn chunks served with spicy rice	CG _ _ _ _ _	Veg Burger served with tater bites	CG EG MI _ 0 CG SE(MC) _ _ _ _ _	Quorn dippers served with rosti potato bites	CG CG(MC) EG(MC) MI(MC) _ _ _ _ _ _	St Paul's cheese and tomato pizza served with chips	CG SO MI _ _ _ _ _ _
DAILY SPECIAL	Black bean vegetable wok fried noodles	_ _ CG EG SO _	Sweet chilli chicken wok fried noodles	CG EG CG SO CG SE SO SO _ _ _ _ _	Vegetable chow mein wok fried noodles	CG EG SO CG SO CG SE SO _ _ _ _ _	Singapore style wok fried vegetable noodles	CG EG 0 0 SO _ _ _ _ _	TBC	
PASTA	Pasta of the day and sauce	CG _ _ CG MI _ _ _ _	Pasta of the day and sauce	CG _ _ CG MI _ _ _ _	Pasta of the day and sauce	CG _ _ CG MI _ _ _ _	Pasta of the day and sauce	CG _ _ CG MI _ _ _ _	Pasta of the day and sauce	CG _ _ CG MI _ _ _ _
DESSERT	Dessert of the day		Jam and coconut sponge	CG EG MI SO _ SU _ _ _ _ _	Fruit crumble served with custard	CG EG(MC) MI(MC) SO(MC) _ 0 MI _ _ _ _ _	Jelly and cream	_ MI _ _ _ _ _ _	Sponge Cake	CG EG MI SO _ _ _ _ _
							cream			
WEEK THREE w/c 15th September w/c 6th October	Monday	Allergens	Tuesday	Allergens	Wednesday	Allergens	Thursday	Allergens	Friday	Allergens
MAIN	Beef lasagne served with garlic bread	_ _ _ CG EG(MC) CE(MC) CG EG(MC) MI MU(MC) SO(MC) CE(MC) CG MI(MC) SE(MC) _ _	Chicken tikka curry with rice and naan	_ _ CG MI MI _ _ _ _ _	Chicken dippers served with rosti potato bites	CG SO CG(MC) EG(MC) MI(MC) _ _ _ _ _ _	Cheeseburger served with potato cubes	CE CG SO SU MI CG SE(MC) CE(MC) MI(MC) SU(MC) _ _ _ _ _	Battered fish fillet served with chips and peas	CG FI SO _ _ _
VEGETARIAN OPTION	Vegetable lasagne served with garlic bread	_ _ _ CG EG(MC) CE(MC) CG EG(MC) MI MU(MC) SO(MC) CE(MC) CG MI(MC) SE(MC) _ _	Vegetable tikka curry with rice and naan	_ _ CG MI MI _ _ _ _ _	Quorn dippers served with rosti potato bites	CG CG(MC) EG(MC) MI(MC) _ _ _ _ _ _	Veg burger served with potato cubes	CG EG MI _ CG SE(MC) CE(MC) MI(MC) SU(MC) _ _ _ _ _	St Paul's cheese and tomato pizza served with chips	CG SO MI _ _ _ _ _ _
DAILY SPECIAL	Vegetable chow mein wok fried noodles	CG EG SO CG SO CG SE SO _ _ _ _ _	Chicken black bean wok fried noodles	CG EG CG SO SO _ _ _ _ _	Vegetable chow mein wok fried noodles	CG EG SO CG SO CG SE SO _ _ _ _ _	Singapore style wok fried vegetable noodles	CG EG 0 0 SO _ _ _ _ _	TBC	
PASTA	Pasta of the day and sauce	CG _ _ CG MI _ _ _ _	Pasta of the day and sauce	CG _ _ CG MI _ _ _ _	Pasta of the day and sauce	CG _ _ CG MI _ _ _ _	Pasta of the day and sauce	CG _ _ CG MI _ _ _ _	Pasta of the day and sauce	CG _ _ CG MI _ _ _ _
DESSERT	Dessert of the day		Ginger sponge served with cream	CG EG MI SO _ MI _ _ _ _ _	Fruit crumble served with custard	CG EG(MC) MI(MC) SO(MC) _ 0 MI _ _ _ _ _	Ice cream served with sprinkles and sauce	MI 0 _ _ _	Sponge cake	CG EG MI SO _ _ _ _ _

Please Note:

1. A Jacket Potato with beans is available daily which contains no allergens unless cheese is added which contains Milk.
2. Salad Pots will be available daily whenever possible.
3. Fresh fruit/Fruit Pots are available daily as an alternative to the dessert offered.
4. To ensure quality of the dishes it may be necessary to occasionally offer suitable alternative products to those shown on this menu.
5. Although our menus are nut free we cannot guarantee against airborne traces.
6. Vegetables or salad are served with every meal.
7. Bread is available each day to complement the meal unless it is already a feature of the main meal