





WEEK ONE w/c 1st September w/c 22nd September w/c 13th October	Monday	Allergens	Tuesday	Allergens	Wednesday	Allergens	Thursday	Allergens	Friday	Allergens
MAIN	Beef pasta bolognese	_ CG _ NU(MC) PE(MC) CE(MC) _ _ CG MI(MC) SE(MC) _	Chicken sausage hot dog in a bun served with potato cubes	CG SU CG SE(MC) CE(MC) MI(MC) SU(MC) _ _ _ _ _	Loaded minced beef yorkshire pudding served with mashed potatoes	CG EG MI _ _ MI CG(MC) EG(MC) SO(MC) CG _ _ _	Chicken tikka curry with rice and naan	_ _ CG MI MI _ _ _ _ _	Fish fillet served with chips	CG FI SO _ _ _ _ _
VEGETARIAN OPTION	Vegetarian pasta bolognese	CG EG CG _ NU(MC) PE(MC) CE(MC) _ _ CG MI(MC) SE(MC) _	Vegan dog in a bun served with potato cubes	SO CG SE(MC) CE(MC) MI(MC) SU(MC) _ _ _ _ _	Loaded quorn yorkshire pudding served with mashed potatoes	CG EG MI _ CG EG MI CG(MC) EG(MC) SO(MC) CG _ _ _ _ _	Vegetable tikka curry with rice and naan	_ _ CG MI MI _ _ _ _ _	Cheese and tomato pizza served with chips	CG MI SO _ _ _ _ _
JACKET POTATO	Jacket potato with tuna mayonnaise and cucumber	_ FI EG MU _ _ _ _ _	Jacket potato with chicken and sweetcorn mayonnaise	_ EG _ _ _ _ _	Jacket potato with spaghetti hoops	_ CG _ _ _ _ _	Jacket potato with tuna mayonnaise and sweetcorn	_ FI EG MU _ _ _ _ _	Jacket potato with spaghetti hoops	_ CG _ _ _ _ _
JACKET POTATO	Jacket potato with cheese and beans	_ MI _ _ _ _ _	Jacket potato with cheese and beans	_ MI _ _ _ _ _	Jacket potato with cheese and beans	_ MI _ _ _ _ _	Jacket potato with cheese and beans	_ MI _ _ _ _ _	Jacket potato with cheese and beans	_ MI _ _ _ _ _
DESSERT	Vanilla muffin	CG EG MI NU(MC) PE(MC) SO(MC) SU(MC) _ _ _ _ _ _ _ _	Ice cream served with sprinkles and sauce	MI O _ _ _	Apple crumble served with custard	_ MI CG SO(MC) CG _ _ _ MI _	Milk chocolate cookie	CG EG MI SO NU(MC) _ _ _ _ _ _ _	Warm Belgian waffle	CG EG MI SO _ _ _ _ _ _ _
WEEK TWO w/c 8th September w/c 29th September w/c 20th October	Monday	Allergens	Tuesday	Allergens	Wednesday	Allergens	Thursday	Allergens	Friday	Allergens
MAIN	Beef chilli served with rice	_ _ _ _ MI(MC) MU(MC) SO(MC) _ _ _ _	Roast chicken served with roast potatoes, Yorkshire pudding and gravy	_ _ CG EG MI _ CG _ _ _ _ _	Cheeseburger served with tater bites	CE CG SO SU MI _ O CG SE(MC) _ _ _ _ _	Chicken dippers served with rosti potato bites	CG SO CG(MC) EG(MC) MI(MC) _ _ _ _ _ _ _	Fish fillet served with chips	CG FI SO _ _ _ _ _
VEGETARIAN OPTION	Vegetable chilli served with rice	CG EG _ _ _ MI(MC) MU(MC) SO(MC) _ _ _ _	Quorn fillet served with roast potatoes, Yorkshire pudding and gravy	CG _ CG EG MI _ CG _ _ _ _ _	Veg burger served with tater bites	CG EG MI _ O CG SE(MC) _ _ _ _ _	Quorn dippers served with rosti potato bites	CG _ CG(MC) EG(MC) MI(MC) _ _ _ _ _ _ _	Cheese and tomato pizza served with chips	CG MI SO _ _ _ _ _
JACKET POTATO	Jacket potato with tuna mayonnaise and cucumber	_ FI EG MU _ _ _ _ _	Jacket potato with chicken and sweetcorn mayonnaise	_ EG _ _ _ _ _	Jacket potato with spaghetti hoops	_ CG _ _ _ _ _	Jacket potato with tuna mayonnaise and sweetcorn	_ FI EG MU _ _ _ _ _	Jacket potato with spaghetti hoops	_ CG _ _ _ _ _
JACKET POTATO	Jacket potato with cheese and beans	_ MI _ _ _ _ _	Jacket potato with cheese and beans	_ MI _ _ _ _ _	Jacket potato with cheese and beans	_ MI _ _ _ _ _	Jacket potato with cheese and beans	_ MI _ _ _ _ _	Jacket potato with cheese and beans	_ MI _ _ _ _ _
DESSERT	Blueberry muffin	CG EG MI(MC) PE(MC) SO(MC) SU(MC) NU(MC) _ _ _ _ _ _ _ _	Jelly and cream	_ MI _ _ _ _ _	Ice cream tub	MI _ _ _ _ _	Milk chocolate cookie	CG EG MI SO NU(MC) _ _ _ _ _ _ _	Warm Belgian waffle	CG EG MI SO _ _ _ _ _ _ _
WEEK THREE w/c 15th September w/c 6th October	Monday	Allergens	Tuesday	Allergens	Wednesday	Allergens	Thursday	Allergens	Friday	Allergens
MAIN	Beef lasagne served with garlic bread	_ _ _ _ CG EG(MC) CE(MC) CG EG(MC) MI MI(MC) SO(MC) CE(MC) _ CG MI(MC) SE(MC) _ _	Chicken korma with rice and naan	_ _ CG MI MI _ _ _ _ _	Chicken dippers served with rosti potato bites	CG SO CG(MC) EG(MC) MI(MC) _ _ _ _ _	Cheeseburger served with tater bites	CE CG SO SU MI _ O CG SE(MC) _ _ _ _ _	Fish fillet served with chips	CG FI SO _ _ _ _ _
VEGETARIAN OPTION	Vegetable lasagne served with garlic bread	_ _ _ _ CG EG(MC) CE(MC) CG EG(MC) MI MI(MC) SO(MC) CE(MC) _ CG MI(MC) SE(MC) _ _	Vegetable korma with rice and naan	_ _ CG MI MI _ _ _ _ _	Quorn dippers served with rosti potato bites	CG _ CG(MC) EG(MC) MI(MC) _ _ _ _ _	Veg Burger served with tater bites	CG EG MI _ O CG SE(MC) _ _ _ _ _	Cheese and tomato pizza served with chips	CG MI SO _ _ _ _ _
JACKET POTATO	Jacket potato with tuna mayonnaise and cucumber	_ FI EG MU _ _ _ _ _	Jacket potato with chicken and sweetcorn mayonnaise	_ EG _ _ _ _ _	Jacket potato with spaghetti hoops	_ CG _ _ _ _ _	Jacket potato with tuna mayonnaise and sweetcorn	_ FI EG MU _ _ _ _ _	Jacket potato with spaghetti hoops	_ CG _ _ _ _ _
JACKET POTATO	Jacket potato with cheese and beans	_ MI _ _ _ _ _	Jacket potato with cheese and beans	_ MI _ _ _ _ _	Jacket potato with cheese and beans	_ MI _ _ _ _ _	Jacket potato with cheese and beans	_ MI _ _ _ _ _	Jacket potato with cheese and beans	_ MI _ _ _ _ _
DESSERT	Chocolate muffin	CG EG MI SE NU(MC) _ SE(MC) SO(MC) SU(MC) _ _ _ _ _ _ _ _	Chocolate brownie cake	CG EG SO(MC) NU(MC) _ _ _ _ _ _ _	Apple crumble served with custard	_ MI CG SO(MC) CG _ _ _ MI _	Milk chocolate cookie	CG EG MI SO NU(MC) _ _ _ _ _ _ _	Warm Belgian waffle	CG EG MI SO _ _ _ _ _ _ _

Please Note:

1. A Jacket Potato with beans is available daily which contains no allergens unless cheese is added which contains Milk.
2. Fruit/Fruit Bags are available daily as an alternative to the dessert offered.
3. To ensure quality of the dishes it may be necessary to occasionally offer suitable alternative products to those shown on this menu.
4. Although our menus are nut free we cannot guarantee against airborne traces.
5. Vegetables or salad are served with every meal.
6. Bread is available each day to complement the meal unless it is already a feature of the main meal

Allergen Key
MC = May Contain

Celery		CE
Cereal Gluten		CG
Crustaceans		CR
Egg		EG
Fish		FI
Lupin		LU
Sulphur Dioxide (Sulphites)		SU

Milk		MI
Molluscs Shellfish		MO
Mustard		MU
Nuts		NU
Peanuts		PE
Sesame Seeds		SE
Soya		SO