

St. Paul's Catholic School - School Meals Provision September-October 2026

WEEK ONE w/c 31st August w/c 21st September w/c 12th October	Monday	Allergens	Tuesday	Allergens	Wednesday	Allergens	Thursday	Allergens	Friday	Allergens
MAIN	Beef bolognaise served with spaghetti and garlic bread	Celery Crustaceans Eggs Fish Gluten Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Cantonese stir-fried chicken and vegetables served with steamed rice	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Chicken burger in a bun served with potato cubes and coleslaw	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Italian style beef and tomato casserole served with steamed rice	No allergens	Fish fillet served with chips	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide
VEGETARIAN OPTION	Vegetable bolognaise served with spaghetti and garlic bread	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Cantonese stir-fried vegetables served with steamed rice	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Vegan burger served in a bun with potato cubes and coleslaw	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Italian style quorn served with steamed rice	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Cheese and tomato pizza served with chips	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide
JACKET POTATO	Jacket potato with tuna mayonnaise and cucumber	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Jacket potato with chicken and sweetcorn mayonnaise	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Jacket potato with spaghetti hoops	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Jacket potato with tuna mayonnaise and sweetcorn	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Jacket potato with spaghetti hoops	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide
JACKET POTATO	Jacket potato with cheese and beans	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Jacket potato with cheese and beans	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Jacket potato with cheese and beans	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Jacket potato with cheese and beans	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Jacket potato with cheese and beans	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide
DESSERT	Simply scrummy vanilla muffin	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	American style buttermilk pancake with strawberry sauce	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Vanilla ice-cream tub	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Home baked school cake	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Individual choc-ice	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide
WEEK TWO w/c 7th September w/c 28th September w/c 19th October	Monday	Allergens	Tuesday	Allergens	Wednesday	Allergens	Thursday	Allergens	Friday	Allergens
MAIN	BBQ flavoured chicken with pasta and garlic bread	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Roast chicken dinner with yorkshire pudding	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Halal chicken sausage hotdog served with potato wedges and coleslaw	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Mediterranean chicken served with bread and salad	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Fish fillet served with chips	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide
VEGETARIAN OPTION	Mac and cheese served with garlic bread	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Roast quorn dinner with yorkshire pudding	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Vegan hot dog served with potato wedges and coleslaw	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Mediterranean quorn served with bread and salad	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Cheese and tomato pizza served with chips	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide
JACKET POTATO	Jacket potato with tuna mayonnaise and cucumber	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Jacket potato with chicken and sweetcorn mayonnaise	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Jacket potato with spaghetti hoops	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Jacket potato with tuna mayonnaise and sweetcorn	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Jacket potato with spaghetti hoops	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide
JACKET POTATO	Jacket potato with cheese and beans	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Jacket potato with cheese and beans	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Jacket potato with cheese and beans	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Jacket potato with cheese and beans	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Jacket potato with cheese and beans	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide
DESSERT	Simply scrummy vanilla muffin	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Warm belgian waffle	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Vanilla ice-cream tub	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Home baked white chocolate cookie	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Individual choc-ice	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide
WEEK THREE w/c 14th September w/c 5th October	Monday	Allergens	Tuesday	Allergens	Wednesday	Allergens	Thursday	Allergens	Friday	Allergens
MAIN	Beef bolognaise served with spaghetti and garlic bread	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Build your own beef burrito served with rice, salad and cheese	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Chicken nuggets served with potato cubes and coleslaw	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Chicken kebab served with pitta and rice	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Fish fillet served with chips	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide
VEGETARIAN OPTION	Vegetable bolognaise served with spaghetti and garlic bread	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Build your own vegetable burrito served with rice, salad and cheese	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Vegan nuggets served with potato cubes and coleslaw	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Vegetable kebab served with pitta and rice	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Cheese and tomato pizza served with chips	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide
JACKET POTATO	Jacket potato with tuna mayonnaise and cucumber	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Jacket potato with chicken and sweetcorn mayonnaise	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Jacket potato with spaghetti hoops	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Jacket potato with tuna mayonnaise and sweetcorn	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Jacket potato with spaghetti hoops	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide
JACKET POTATO	Jacket potato with cheese and beans	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Jacket potato with cheese and beans	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Jacket potato with cheese and beans	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Jacket potato with cheese and beans	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Jacket potato with cheese and beans	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide
DESSERT	Simply scrummy vanilla muffin	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	American style buttermilk pancake with chocolate sauce	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Vanilla ice-cream tub	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Home baked chocolate sponge cake	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide	Individual choc-ice	Celery Crustaceans Eggs Fish Gluten Lupin Milk Molluscs Mustard Nuts Peanuts Seame seeds Soya beans Sulphur dioxide

Allergen Key

- Item contains the allergen
- Item may contain the allergen