

L e n t e n P r a y e r B o o k

2 0 2 1



Mon 22nd February

Time to make the desert journey
and renew our way to life.
Time for testing and for changing.
Time to trust the word of God.
Time to recognise holy presence
and share Cyrene's work.
Time for forgiveness and for healing
and to repent our broken lives.
Time to build God's dwelling with us
and proclaim full life for all.
Time to watch and wait with Jesus
and to prepare the upper room.
Time to turn our lives again to God
and to transform our world with love.
Amen.

Tue 23rd February

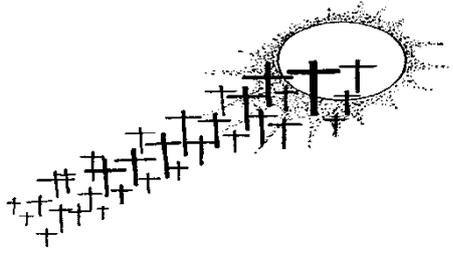
God of the Journey, may the steps we take during this Lenten season help us to understand how our actions, attitudes and words can affect your work. Grant us forgiveness for our wrongs and strengthen us to do what is right. Your Son, Jesus, came in human form to show us the way. Help us to move through the difficult times and trust in you for better days. We pray this through Christ our Lord. Amen

Wed 24th February

Lord Jesus, we know your journey did not end with your death on the cross. We pray in thanksgiving that you rose from the dead and that you bring us hope and the promise of eternal life. May our lives honour your sacrifice and may our hearts rejoice in the glory of new life. We offer this prayer in the name of the Father and of the Son and of the Holy Spirit. Amen.

Thu 25th February

God, heavenly Father,
Look upon us and hear our prayer during this Holy Season of Lent. By the good works You inspire, help us to discipline ourselves and to be renewed in Spirit.
Without You we can do nothing.
By Your Spirit help us to know what is right and to be eager in doing Your will.
Keep us from sin and help us to live by Your commandment of Love.
We ask this through Christ our Lord.
Amen.



Mon 1st March

Lord, help us to a family that shares your peace.
Where there is sadness & hurt, let us bring love.
Where there is hunger & poverty, let us share our riches.
Where we can work together to make people's lives better, let us play our part.
Where there are signs of life and hope, let us show our support.
So where we can give up snacks, let us bring smiles.
Where we can fundraise for CAFOD, let us bring joy to others.
Where we can help our sisters and brothers, let us do so with enthusiasm and love!
Amen.

Tue 2nd March

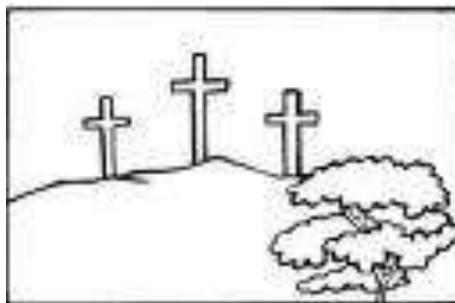
Heavenly God, you sent your Son to earth to become one of us. Jesus became flesh and experienced life through the body, heart and mind of a human person. You journeyed with your beloved through good times and hard times. We turn to you now, aware that you journey with us too. Amen

Wed 3rd March

Loving and forgiving God, we gather to remember the steps Jesus took leading to his death and Resurrection. He did not walk alone, and neither do we. As we recall the story of our salvation, may we be attentive to the unfolding story of our own lives. Grant us the wisdom to follow your example of love. We ask this through Christ our Lord. Amen

Thu 4th March

Dear Lord, we are now in the holy season of Lent. We begin to realize anew that these are the days of salvation. We know that we are all sinners. Help us now, Lord, in our feeble attempts to make up for past sin. Bless our efforts with the rich blessing of Your grace. Every day we are so often reminded in field and wood, in sky and stream, of Your own boundless generosity to us. Help us to realize that You are never outdone in generosity, and that the least thing we do for You will be rewarded. Then we shall see, in our own souls, how the desert can blossom, and the dry and wasted land can bring forth rich, useful fruit. Amen.



Mon 8th March

Almighty and Everlasting God,
You have given the human race
Jesus Christ our Saviour as a model of humility.
He fulfilled Your Will by becoming Man
And giving His life on the Cross.
Help us to bear witness to You
By following His example of suffering
And make us worthy to share in His Resurrection.
We ask this through our Lord Jesus Christ, Your Son.
Amen

Tue 9th March

Lord, during this Lenten Season,
nourish me with Your Word of life
and make me one
with You in love and prayer.
Fill my heart with Your love
and keep me faithful to the Gospel of Christ.
Give me the grace to rise above my human weakness.
Amen

Wed 10th March

Lord, we are really sorry for the ways our thoughts, words and actions do not bear witness to the life of Christ but to the confusion and darkness of our own thinking.

Heal us and we shall be healed.
Amen

Thu 11th March

Lord, make us peacemakers not warmongers and make us instruments of reconciliation,
love and forgiveness in our homes and school community

Amen.



Mon 15th March

Lord,
Our hearts are fearful, you walk beside us.
Our hearts are longing, you give us friendship.
Our hearts are heavy, you shoulder our burdens.
Our hearts are doubtful, you teach us the Scriptures,
Our hearts are hungry, you break bread with us,
Our hearts are broken, your hands rebuild us,
Our hearts are empty,
You fill us with the miracle of your love.
Amen

Tue 16th March

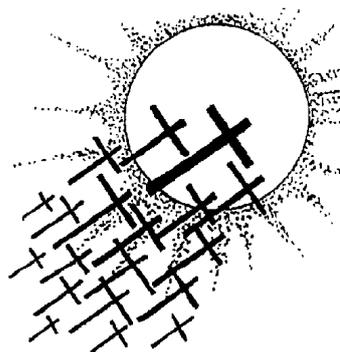
Lord, help us to turn away from anger, resentment and listlessness to live a dignified and fulfilled life in service of others.
Amen.

Wed 17th March

Lord Jesus,
Who told stories at feasts and picnics,
While eating and drinking,
Who broke bread and turned water into wine
Feed us with your love we pray.
Amen

Thu 18th March

Lord, teach us patience and understanding in our daily lives so we may give witness to the virtues of love and patience in our relationships with others.
Amen.



Mon 22nd March

Lord, burn in our hearts a love for Christ and his Church. We pray and intercede for those called to shepherd God's people that they may lead with wisdom, patience and courage.

Amen

Tue 23rd March

Lord, today may we see you more clearly, follow you more nearly and love you more dearly, day by day.

Amen

Wed 24th March

Lord Jesus,
Who told stories with friends and strangers,
With laughing and crying,
Who ate with outcasts and
touched the untouchable
Enfold us with your love we pray.

Amen

Thu 25th March

Lord, burn in our hearts a love for Christ and his Church. We pray and intercede for those called to shepherd God's people that they may lead with wisdom, patience and courage.

Amen

