

Week 1

Monday

Mild beef chilli con carne with basmati rice

Cheese and tomato pasta bake

Pasta with a selection of meat and vegetarian sauces

Apple sponge and custard

Jacket potato with a choice of fillings

Selection of assorted salads and sandwiches

Tuesday

Sausage ,mashed potato ,onion gravy served with sweet corn with mixed peppers

Quorn sausages, mashed potato ,onion gravy served with sweet corn with mixed peppers

Pasta with a selection of meat and vegetarian sauces

Chocolate shortbread

Jacket potato with a choice of fillings

Selection of assorted salads and sandwiches

Wednesday

Roast beef, Yorkshire pudding and new potato served with carrot and cauliflower

Creamy Vegetable pie with new potato and carrot and cauliflower

Pasta with a selection of meat and vegetarian sauces

Chocolate chip sponge and custard

Jacket potato with a choice of fillings

Selection of assorted salads and sandwiches

Thursday

Chicken curry with basmati rice, naan bread and mango chutney

Chick pea and potato curry with basmati rice, naan bread and mango chutney

Pasta with a selection of meat and vegetarian sauces

Strawberry mousse

Jacket potato with a choice of fillings

Selection of assorted salads and sandwiches

Friday

Oven baked battered haddock with chips and peas

Crispy crumb vegetable burger with salad in a floured bap

Pasta with a selection of meat and vegetarian sauces

Fruity flapjack

Jacket potato with a choice of fillings

Selection of assorted salads and sandwiches

Week 2

Monday

Italian chicken with mixed vegetable rice and

Quorn fillet in a rich tomato sauce with mixed vegetable rice

Pasta with a selection of meat and vegetarian sauces

Apple crumble and custard

Jacket potato with a choice of fillings

Selection of assorted salads and sandwiches

Tuesday

Minced beef filled taco shells served with a mixed salad

Vegetarian Mince filled taco shells served with a mixed salad

Pasta with a selection of meat and vegetarian sauces

Vanilla cheesecake

Jacket potato with a choice of fillings

Selection of assorted salads and sandwiches

Wednesday

roasted chicken with roast potatoes and cauliflower & green beans

five bean casserole with boiled rice

Pasta with a selection of meat and vegetarian sauces

Fruit sponge and custard

Jacket potato with a choice of fillings

Selection of assorted salads and sandwiches

Thursday

Chicken korma, basmati rice and naan bread

Vegetable korma, basmati rice and naan bread

Jam sponge

Pasta with a selection of meat and vegetarian sauces

Jacket potato with a choice of fillings

Selection of assorted salads and sandwiches

Friday

Oven baked battered haddock with chips and peas

Vegetable wrap with salad

Pasta with a selection of meat and vegetarian sauces

Chocolate cracknell

Jacket potato with a choice of fillings

Selection of assorted salads and sandwiches

Week 3

Monday

Chicken pasta bake with sweetcorn

Sweet and sour quorn with basmati rice and sweet corn

Pasta with a selection of meat and vegetarian sauces

Pear and chocolate crumble with custard

Jacket potato with a choice of fillings

Selection of assorted salads and sandwiches

Tuesday

Beef lasagne served with mixed salad and garlic bread

Vegetarian bolognese served with mixed salad and garlic bread

Pasta with a selection of meat and vegetarian sauces

Treacle sponge and custard

Jacket potato with a choice of fillings

Selection of assorted salads and sandwiches

Wednesday

Roast turkey, stuffing roast potato and cauliflower and broccoli

Vegetable meatballs in a rich tomato sauce

Pasta with a selection of meat and vegetarian sauces

Lemon mousse

Jacket potato with a choice of fillings

Selection of assorted salads and sandwiches

Thursday

Spaghetti bolognese

Vegetable samosas

Pasta with a selection of meat and vegetarian sauces

fruit jelly and ice cream

Jacket potato with a choice of fillings

Selection of assorted salads and sandwiches

Friday

Oven baked battered haddock served with chips and petit pois

Cheese and tomato pizza

Pasta with a selection of meat and vegetarian sauces

Jam doughnuts

Jacket potato with a choice of fillings

Selection of assorted salads and sandwiches

Week 4

Monday

Barbeque Chicken served with fruity rice and sweet corn & peas

Barbeque quorn fillet served with fruity rice and sweet corn & peas

Pasta with a selection of meat and vegetarian sauces

Chocolate orange sponge

Jacket potato with a choice of fillings

Selection of assorted salads and sandwiches

Tuesday

Meatballs in a tomato and basil sauce with potato wedges and salad

Cheese filled ravioli in a rich tomato and basil sauce

Pasta with a selection of meat and vegetarian sauces

Fruit salad

Jacket potato with a choice of fillings

Selection of assorted salads and sandwiches

Wednesday

Garlic roasted chicken with roast potato, carrots and cabbage

Vegetable grill steak with roast potato, carrots and cabbage

Pasta with a selection of meat and vegetarian sauces

Mini fruit muffin

Jacket potato with a choice of fillings

Selection of assorted salads and sandwiches

Thursday

Sausage meat plait with mashed potato & cauliflower cheese

Vegetarian stuffed mushrooms

Pasta with a selection of meat and vegetarian sauces

Baked rice pudding with jam

Jacket potato with a choice of fillings

Selection of assorted salads and sandwiches

Friday

Oven baked battered haddock served with chips and petit pois

Vegetable spring roll

Pasta with a selection of meat and vegetarian sauces

Oatmeal cookie

Jacket potato with a choice of fillings

Selection of assorted salads and sandwiches